



Central Oregon Behavioral Health Consortium

Request for Quote – Behavioral Health Training Curriculum

- RFQ Release Date: June 15, 2022
- Deadline for Submission of Written Questions: June 30, 2022
- Deadline for Submission of Full Proposal: July 15, 2022
- Provisional Award Notification & Contract Negotiations: no later than July 31, 2022

RFQ Selection Schedule:

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The COBHC seeks to procure training curriculum materials for Masters level behavioral health trainees-

- Since its inception in 2021, the Central Oregon Behavioral Health Consortium (COBHC) has had a vision of increasing access to behavioral health care in our region through improved training and retention of qualified behavioral health professionals.
- Along with our 19-member partners, we have established a list of culturally appropriate training topics that we feel are essential elements for the qualified behavioral health professional.
- These topic categories are organized by treatment and or specialty type.
- You may propose additional topics as this list is not exhaustive.

Training Curriculum Content Categories

Integrated Primary Care Behavioral Health (IPCBH)

A one-week, or multiple weeks, pre-training. This “stand alone” training component should be embedded with many topics related to working in the primary care setting, such as:

- FACT (Functional Acceptance and Commitment Therapy)
- Single Session Treatment models
- Solution Focused Treatments
- How to work in Interdisciplinary Teams
- Medical Billing and Charting
- The 30 Minute Therapy Session

Didactic Series-

These topics may be structured as 1-time, 1-hour, or multiple session 1-hour trainings

- General topics
 - Documentation Standards
 - Billing Standards (Outpatient billing)
 - DSM 101
 - Cognitive Behavioral Interventions; Individual Service Plans and Measurable Outcomes
 - Ethical Decision Making
 - Grief, Loss, and Terminal Illness
 - Sleep
 - Motivational Interviewing
 - Attention Deficit Hyperactivity Disorder

(List continues)

- Persistent Pain
- Acceptance and Commitment Therapy (ACT)
- Intimate Partner Violence
- De-escalation and Regulation Skills
- Psychopharmacology 101
- Common Assessments
- Dialectical Behavioral Therapy (DBT)
- Co-occurring Disorders
- Psychosis and Dissociative Disorders
- Personality Disorders – Assessment & Treatment
- Older Adults
- Couples Counseling

- Trauma topics:

- Complex Trauma
- Prolonged Exposure
- Eye Movement Desensitization and Reprocessing (EMDR)
- Cognitive Processing Therapy (CPT)
- Military Sexual Trauma
- Adverse Childhood Experiences (ACE's)
- Seeking Safety

- Equity and Inclusion Topics:

- Women's Behavioral Health
- Sexual Health and Sex Positivity
- LGBTQAI2S+
- Native American Behavioral Health Concerns
- Rural Behavioral Health
- Working with Individuals Facing Houselessness

- **Pediatric Behavioral Health:**

- Sleep, Tantrums, Eating & Pooping (STEP)
- Play Therapy
- Developmental Delay
- Autism Spectrum Disorder
- Family Systems Approaches
- Pediatric 0-5

RFQ Contact Information:

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