

**Mental Health Referral Guide**  
Deschutes, Crook & Jefferson Counties

Deschutes County  
Bend & Redmond

1. Mental Health Counseling

Agency	Contact	Referral Process	Insurance	Bi-lingual Services	Population	Type of Service	Treatment	Focus
<b>Deschutes County Behavioral Health (Access Team and Crisis)</b> 2577 NE Courtney Dr. Bend, OR 97701	(541) 322-7500 X2  <b>Fax:</b> (541) 322-7565  Crisis Walk-In: Mon-Fri 8:00-3:45	1.Referral not needed 2.Patient calls intake line 3.Verifies OHP 4. A phone screening appointment is set up for those w/o OHP 5. Attends intake by a scheduled appointment * Same Day visits are available (mostly for CRISIS)	<ul style="list-style-type: none"> <li>• OHP and most private insurance plans</li> <li>• Others may still receive services based on ability to pay</li> </ul>	✓	Adults, Child and Family Programs	Individual and group counseling, Veteran’s services, Drug/ alcohol treatment, classes and coaching for coping skills, psychiatric medication management, case management, peer support services, referral services		All
<b>Bend Counseling and Biofeedback</b>  296 SW Columbia Street, Ste. D-2, Bend, Oregon 97702  <a href="http://Bcbtherapy.com">Bcbtherapy.com</a>	541-550-7940				All ages	Counseling; Biofeedback & Neurofeedback; EMDR/Brainspottin g		

<p><b>Brightways Counseling Group</b></p> <p>7515 Falcon Crest Drive, Ste 200, Redmond, OR 97756</p> <p>Redmond-Madras</p>	<p>541-904-5216  <a href="mailto:Kevin@brightwayscounseling.com">Kevin@brightwayscounseling.com</a>  <a href="http://brightwayscounseling.com">brightwayscounseling.com</a></p>				<p>All ages; counseling and psychotherapy; EMDR; ABFT; Art therapy, Play therapy, Sand tray therapy; Substance use disorders-12 Step recovery and Motivational Interviewing; Relationship skills; Parenting training; ACT for motivation and goal setting; CBTe &amp; 12 Step for eating disorders</p>			
<p><b>Partners In Care</b>  2075 NE Wyatt Ct, Bend, OR 97701</p>	<p>(541) 382-5882</p>	<p>1. Patient can show up to grief programs  2. Registration required for some</p>	<ul style="list-style-type: none"> <li>• Medicare</li> </ul>		<p>Children, Adults, Men or Women only groups available</p>	<p>Group</p>		<p>Grief, Anticipatory Grief Support</p>
<p><b>Volunteers In Medicine</b>  2300 NE Neff Road Bend, OR 97701</p>	<p>(541) 330-9001  (541) 585-9002</p>	<p>1. Patient calls  2. Would take over primary care and patient would be disassociated with Mosaic</p>	<ul style="list-style-type: none"> <li>• Free (they do ask for donations)</li> <li>• Must be uninsured</li> </ul>	<p>✓</p>	<p>All</p>	<p>Medical, Mental Health Assessment and Counseling</p>	<p>Counseling in clinic</p>	<p>All</p>
<p><b>Stand East Cascade Counseling Services</b>  731 NW Franklin Suite 107 Bend, OR 97701</p>	<p>(541) 306-1128</p>	<p>1. Patient Calls to schedule appointment or book appointments online</p>	<ul style="list-style-type: none"> <li>• Private</li> <li>• OHP</li> <li>• Sliding Scale</li> </ul>		<p>Adults and Families</p>	<p>Individual, Family, Group</p>	<p>Humanistic, Strengths Based, Solution-Focused, Cognitive Behavioral approach</p>	


<b>Shifting Matters:</b> 384 SW Upper Terrace Drive Suite 209 Bend, OR 97702  Matilde Konigsberg, LMFT	Clinicians Line (415) 302-1655  <a href="mailto:shiftingmatters@gmail.com">shiftingmatters@gmail.com</a>	1. Phone call from BHC if available 2. Phone call from patient to schedule	<ul style="list-style-type: none"> <li>• Pacific Source Commercial</li> <li>• Sliding Fee Scale (\$120-\$140 per hour)</li> </ul>	✓	Families, children, teens, and college students	Life coach, co-parenting, psychotherapy for individuals, families, and couples	Lifespan integration, EMDR, Drama Therapy, Psychotherapy, Guided Imagery	Mental Health Counseling, Trauma, Parenting Skills development, Parenting, Cross cultural psychology
<b>Dr. Klaeber</b>		1. Phone call from BHC discussing patient	<ul style="list-style-type: none"> <li>• Providence</li> <li>• United BH</li> <li>• Self- Pay (\$130-\$160)</li> </ul>		Adults	Individual therapy and couples therapy		Autism Spectrum Disorders - individual and family
<b>Juniper Mountain Counseling</b> 1569 SW Nancy Way Bend, OR 97702	(541) 617-0377	1. Referral can be emailed or faxed 2. Patient will receive a call to schedule Or 2. Patient calls to schedule	<ul style="list-style-type: none"> <li>• OHP</li> <li>• Pacific Source</li> <li>• Pacific Source Medicare Advantage Plan</li> <li>• Regence Blue Cross</li> <li>• Offer generous 'reduced rated' when needed</li> </ul>			Individual		All
<b>OSU Cascades Counseling Clinic</b> Graduate & Research Center 650 SW Columbia, Suite 7100 Bend, OR 97702	(541) 322-2047	1. Patients call or can complete an online form they can submit: <a href="http://www.osucascades.edu/academics/counseling/free-counseling">www.osucascades.edu/academics/counseling/free-counseling</a>	<ul style="list-style-type: none"> <li>• FREE</li> </ul>		All	Individual	Cognitive-behavioral therapies	Stress management, anxiety, depression, trauma ➤ Student training site ➤ Open year round but may be closed during school breaks
<b>Saving Grace</b> Call for address	(541) 382-9227  CRISIS: (541) 389-7021	1. CHWs can assist 2. Patients call	<ul style="list-style-type: none"> <li>• FREE</li> </ul>	✓	Women and Children	Support Groups, Emergency Shelter, hospital response, therapy, individual crisis counseling, referral to social services,		Domestic Violence and Abuse Services, Crisis Intervention, Emergency Housing, Counseling, Case Management, Legal Aid

						Emergency Transportation, Court advocacy, respite child care, programs for children exposed to violence		
<b>Sage View Psychiatric Center- St. Charles Health</b>  1885 NE Purcell Blvd. Bend, OR 97701	(541) 706-2715	1. Referral placed through EPIC	<ul style="list-style-type: none"> <li>• Most insurance plans</li> </ul>		All			Inpatient psychiatric facility including: Anxiety and stress, Bipolar, Cognitive disorders, PTSD, Suicidal thoughts or attempts, grief and loss, psychosis.
<b>St. Charles Behavioral Health BEND</b> 413 Larch Ave. Suite 203  <b>REDMOND</b> Redmond, OR 97756 2542 NE Courtney Dr. Bend, OR 97701	(541) 706-2768  <b>Bend:</b> (541) 706-7730  <b>Redmond:</b> (541) 516-3890	1. Referral – Reason for referral 2. Chart note 3. Neuropsych requests more EMR: Order Entry- Outside Mental Health Counseling.	<ul style="list-style-type: none"> <li>• Private</li> <li>• Medicare</li> <li>• OHP</li> </ul>	Bridges to Communication	All	Support Groups, NICU Neuro-development Clinic, PEDAL Clinic		No MD Psychiatry, ADD/ ADHD, Anger, Anxiety, Substance abuse, Depression, Grief, Injury recovery, Marital/ family issues, Parenting, Psychotic disorders, Sexual issues, Trauma and abuse
<b>Nancy Holmes, PsyD</b> 2775 SW 17th Pl Redmond, OR 97756	<b>Redmond</b> (541) 330-4428	Patient Calls	<ul style="list-style-type: none"> <li>• Private</li> <li>• Medicare</li> <li>• Medicaid</li> <li>• Reduced cost</li> </ul>		Children Families Adults Elders			brain injury, chronic pain management, traditional psychology
<b>Su-Chin Ward MS, NCC, CADC, LPC-I</b> (supervision from Vicki Boudinot LPC) 300 SE Reed Market Rd. Suite 235 Bend, Or 97702	(541) 385-7408	Patient Calls	<ul style="list-style-type: none"> <li>• Sliding Scale \$5-\$55 (will not refuse due to inability to pay)</li> </ul>					Mood disorders, Generalized Anxiety, PTSD, Eating Disorder, OCD, Substance Use, Borderline Personality

<b>Margaret (Peg) Beaton, LCSW</b> 1001 North West Canal Blvd Redmond, OR 97756	<b>Phone:</b> 541-598-6881 <b>Fax:</b> 541-923-1936	Patient Calls	<ul style="list-style-type: none"> <li>• Most Private</li> <li>• Medicare</li> </ul>		Families Adults	Individual, Couples		
<b>Strength in Healing Counseling Services</b>  2775 SW 17th Place Suite #7 Redmond, OR 97756  Betty Beaumont, MA, LPC	(480) 329-2495  <a href="mailto:strenghtinhealingcounseling@gmail.com">strenghtinhealingcounseling@gmail.com</a>	Patient Calls	<ul style="list-style-type: none"> <li>• OHP</li> <li>• Aetna</li> <li>• MHN</li> <li>• MODA</li> <li>• Pacific Source</li> <li>• RBH</li> </ul>		Adolescents, Adults, Couples, 18+	Individual, Couples, Family	EMDR, CBT, Expressive Arts, Family Systems, Jungian, Neuro-Linguistic, Play Therapy, Psychodynamic, Solution Focused Brief, Trauma Focused	Depression, Anxiety Focus: Faith
<b>Amy Bordelon-Freeman, MA, LPC</b> Call or email for address <a href="mailto:amy@amybordelon.com">amy@amybordelon.com</a> Redmond, OR	(303) 880-0287  <a href="http://amybordelon.com/about">http://amybordelon.com/about</a>		<ul style="list-style-type: none"> <li>• OHP</li> <li>• Pacific Source</li> <li>• Sliding Scale</li> <li>• Scholarships for group</li> </ul>			Individuals Families Couples	ASD & Other Neurodev, In-home family therapy/parent training	Social skills groups Pre-K to Young Adults
<b>Julie Branaugh, LPC</b> 258 SW 5th St #2, Redmond, OR 97756	(541) 480-0341		<ul style="list-style-type: none"> <li>• OHP</li> <li>• Most Private</li> </ul>		Adolescents Children 10+ to Adults	Individuals Couples Families		
<b>Gretchen Hingley, MS</b> 20925 SE Young Ave. Bend, OR	(541) 480-0978		<ul style="list-style-type: none"> <li>• Sliding scale</li> <li>• Fee for Service</li> </ul>		Adults, Adolescents	Groups	Nature based therapy	Trauma, grief

<b>Dr. Kimberly Delaney, PSYD, PMHNP</b>  255 SW Bluff Dr., Ste 220, Bend OR 97702	541-382-3002 <a href="http://Drkdelaney.com">Drkdelaney.com</a>  FAX: 888-972-6509	NOTE: this is a solo provider office (no admin support) please include detailed referral information on faxed form; patient must call directly to schedule.	OHP and most insurance- (Does NOT accept United HC or Aetna)			Adults		Medication evaluation & Management, Individual Psychotherapy; Health and Wellness
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## 2. Alcohol & Drug (A&D)

Agency	Contact	Referral Process	Insurance	Bi-lingual Services	Population	Type of Service	Treatment	Focus
<b>Bend Treatment Center</b>  155 NE Revere Ave Suite 150 Bend, OR 97701	(541) 617-4544  Fax (541) 385-4755	1. Patient calls 2. EMR 3. Outpatient D&A Referral 4. latest progress note 5. D&A screen 6. ROI			All	Poly Substance Counseling, Family Counseling, Couples Counseling, Medication Assisted Substance Abuse Treatment, Relapse Prevention, Group Counseling		Only MAT, Alcohol and Drug Rehabilitation. Prescribing included Suboxone/Buprenorphine <a href="mailto:info@bendrecover.com">info@bendrecover.com</a>
<b>Rimrock Trails</b>  Bend, Prineville and Redmond	<a href="http://Rimrocktrails.org">Rimrocktrails.org</a>	Call or email: Amie Schulz Outpatient Office Mgr- <a href="mailto:amie@rimrocktrails.org">amie@rimrocktrails.org</a>	OHP (Private Ins for Substance Use, not mental health)		All	Mental Health and Substance Use Treatment	Outpatient Mental Health; Outpatient substance use treatment; adolescent residential treatment; continuing care	

<p><b>BestCare Treatment Services</b> Bend Outpatient: 908 NE 4<sup>th</sup> St, Suite 101, Bend, OR 97701</p> <p>Redmond Residential: 676 NE Maple Ave, Redmond OR 97756</p> <p>Redmond: 676 NE Negus Way, Redmond, OR 97756</p>	<p><b>Bend Outpatient</b> (541) 617-7365</p> <p><b>Redmond Residential</b> (541) 504-9577</p> <p><b>Redmond Outpatient</b> (541) 504-2218</p>	<p><b>Outpatient Process</b> Patients with private insurance self-refer Patients with OHP Must go to outpatient first then an internal referral is created from Best Care.</p> <p><b>DETOX Process</b> 1. Fax over a problem list and med list 2. Demographics page 3. BC will contact patient directly</p>	<ul style="list-style-type: none"> <li>• Private</li> <li>• OHP</li> <li>• Out of pocket fees for uninsured \$500 day for detox/ there is some discretion</li> </ul>	<p style="text-align: center;">✓</p>	<p>All</p>	<p>Individual, Rehab</p>	<p>Detox, Counseling</p>	<p>Drug, Alcohol &amp; Substance Abuse, Gambling abuse, Mental Health, Dual Diagnosis, Chronic Pain -Redmond Residential has detox and intensive outpatient care - Brooks Respite is 30 Day Detox, need MCAT Assessment first</p>
<p><b>Brooks Respite</b> 1470 NW 4<sup>th</sup> St, Redmond, OR 97756</p>	<p><b>Brooks Respite</b> (541) 316-7520 <a href="https://www.brooksrrc.org/">https://www.brooksrrc.org/</a></p>	<p><b>Referral details on website</b></p>		<p style="text-align: center;">✓</p>				<p>Medically – managed detox; short term crisis stabilization for adults in acute psychiatric crisis</p>
<p><b>Pfeifer &amp; Associates Bend:</b> 23 NW Greenwood Ave Bend, OR 97703</p> <p><b>Redmond:</b> 3835 SW 21st Street, Suite #103 Redmond, OR 97756</p> <p><b>LaPine:</b> 16440 Finley Butte Rd. LaPine, OR 97739</p>	<p><b>Bend</b> (541) 383-4293 Fax: (541) 383-4935</p> <p><b>Redmond</b> (541) 504-9326 Fax: (541) 504-9568</p> <p><b>LaPine</b> (541) 536-8879 Fax: (541) 536-1653</p>	<p>1. Referral 2. Latest progress note with AUDIT 3. Must walk in to be assessed</p>	<ul style="list-style-type: none"> <li>• OHP</li> <li>• Sliding Scale</li> </ul>	<p>No</p>	<p>Adults</p>	<p>Groups, Sober Living-transitional housing</p>	<p>Therapy, counseling, education</p>	<p>Outpatient Drug and Alcohol Tx, DUII issues, Substance abuse, Housing</p>

<b>Serenity Lane</b> 601 Harmon Blv Bend, OR 97703	(541) 383-0844 1 (800) 543-9905  Fax: (541) 550-2011  <a href="http://turningpoint.srs.org/contact.html">http://turningpoint.srs.org/contact.html</a>	1. Patients call 2. EMR- Outpatient D&A 3. Referral with latest progress note 4. AUDIT 5. ROI	<ul style="list-style-type: none"> <li>• Most insurance accepted</li> <li>• OHP</li> </ul>		Adults	Recovery Support Groups, DUII Group, Intensive Outpatient	Substance Use	Drug and Alcohol Outpatient Tx, Chronic pain program
<b>Turning Point Recovery Services</b> Jim Miller, CADC  Bend: 1435 NE 4 <sup>th</sup> St. Suite B, Bend, OR 97701  Madras: 185 SW D Street Suite D and E, Madras, OR 97741	Bend: (541) 306-4446  Madras: (541) 306-4566	1. Patient's call 2. EMR- Outpatient D&A 3. Referral with latest progress note 4. AUDIT 5. ROI	<ul style="list-style-type: none"> <li>• OHP</li> <li>• Some Insurance accepted</li> </ul>			Evening Programs, Individual, Family Sessions, Groups	Person Centered Therapy, DUII Clinic (Informational and Rehabilitation), Level 1 (3+ hours of client contact per week) and Level 2 (9+ hours of client contact per week) Outpatient	Drug and Alcohol Treatment

### 3. Eating Disorders

Agency	Contact	Referral Process	Insurance	Bi-lingual Services	Population	Type of Service	Treatment	Focus
<b>Molly Carroll, MA, LPC</b> 15 SW Colorado Ave.	541-390-7941 <a href="http://www.molly-">www.molly-</a>		Private pay					Marriage and family therapy,



Suite 350, Bend, OR, 97702	<a href="http://carrroll.com">carrroll.com</a>							will see eating disorders
<b>Nancy Curfman, MSW, LCSW</b> 548 SW 13th St, #102, Bend, OR 97702	541-504-6581		Accepts most major health insurance		Children, Teens, Adults, Elders		CBT, EMDR, Family/ Marital, Gestalt, Humanistic, Hypnotherapy, Mindfulness, Psychodynamic, Solution Focused Brief, etc.	Anorexia, bulimia, and facilitates weekly eating disorders group (client makes 12 week commitment)
<b>Laurie Hunter MA, LPCI</b> Deschutes Counseling	541-639-9917		Private pay Sliding Scale: yes					Binge Eating Disorder (BED), Health At Every Size (HAES), adult, family and child therapy
<b>Darcy Gilbert, MA, LPC</b>	541-771-8515							Eating Disorders
<b>Kristin James, LMFT</b> Bend Family Therapy, 1011 SW Emkay Dr #104, Bend, OR 97702	541-323-3477		Accepts most major health insurance					Eating disorders, trauma, anxiety, couples and families
<b>Lori Koski, MSW, LCSW</b>	541-647-7626		Private Pay Sliding Scale: yes					eating disorders and addiction
<b>Linda Krug Porzelius, Psychologist, PhD</b>	541-362-1994		Accepts most major health insurance					Binge Eating Disorder (BED), bulimia, Eating Disorder Not Otherwise Specified (EDNOS)

<b>Pam Talley, LMFT</b> Integrated Care (High Lakes Health Care building), 929 SW Simpson Ave, Suite 240, Bend, OR	541-389-2242		Accepts most major health insurance					eating disorders, dance therapy, relaxation training, body awareness
<b>Frankie Mauti MS, RDN, LD, CDE</b> Clinical Nutrition Coordinator, St. Charles Bend	541-706-3752							anorexia, bulimia, binge eating disorders, emotional eating, diabetes, weight management
<b>Chrystal K Johnson</b> Imagine Freedom, Prineville	541-447-6959 <a href="mailto:imaginefreedomllc@gmail.com">imaginefreedomllc@gmail.com</a>  Fax: 541-447-6871							



#### 4. Brief Interventions

Agency	Contact	Address	Referral Process	Insurance	Bi-lingual Services	Services
<b>Mosaic Medical:</b> Behavioral Health (541) 383-3005	East Bend Primary Care	Keith Ingulli, PsyD	2084 NE Professional Ct, Bend, OR 97702		✓	Brief interventions, Alcohol & Substance Abuse, Counseling, Groups
	Complex Care		2965 NE Conners Ave., Suite 280			
	Outreach- SBHCs	Lindsey Overstreet, LCSW	Bend High SBHC 230 NE 6 <sup>th</sup> St. Bend, OR 97701 Ensworth SBHC			

			2150 NE Daggett Lane Bend, OR 97701				
	Transitions		2084 NE Professional Ct, Bend, OR 97702				
	Courtney Clinic	Sierra Groenewold, LPC				• All	
	Bridges	Carolyn Ferriera, PsyD	2965 NE Conners Ave, Bend, OR 97701				
	Madras	Michael Long, LMFT	850 SW 4th St., Ste. 101 Madras, OR 97741				
	Prineville		375 NW Beaver Street, Suite 101, Bend, OR 97754				
	Redmond		111 NW Larch Ave Redmond, OR 97756				

#### 4. Psychiatric Prescribing

Agency	Contact	Referral Process	Insurance	Bi-lingual Services	Population	Type of Service	Treatment	Focus
<b>Bend Psychiatry:</b> Dr. Joseph Barrett (Medicare) Dr. Lary Campbell Dr. Anthony Monteverdi (Medicare) Dr. Kim Butler	(541) 382-1395  339 SW Century Drive, Suite 101 Bend, OR 97702	1. Referral by PCP 2. They will call to schedule the appointment with the patient 3. Dr. Barrett requests phone call	<ul style="list-style-type: none"> <li>Varies depending on provider</li> <li>DO NOT TAKE OHP</li> <li>Some take Medicare</li> </ul>	No	Adults Kim Bulter takes ages 8+			Psychiatric Prescribing, Therapy -Montverdi (no complex trauma or dissociation)
<b>DCBH:</b> Access Team- intake  2577 NE Courtney Dr. Bend, OR 97701	(541) 322-7511 Amber Clegg	1. Patient or Provider can call to schedule appointment	<ul style="list-style-type: none"> <li>All</li> </ul>					CRISIS, Anything

<b>Deschutes County Behavioral Health</b> 2577 NE Courtney Dr. Bend, OR 97701	(541) 322-7500 <i>Fax:</i> (541) 322-7565  Call to get crisis medication: Lindsey- (541) 322-7503  Allic Mostre- (541) 330-4682	1. Referral not needed 2. Patient calls intake line 3. Verifies OHP 4. A phone screening appointment is set up for those w/o OHP 5. Attends intake by a scheduled appointment	<ul style="list-style-type: none"> <li>• All</li> </ul>					A series of appts. w/ therapy is required before prescribing
<b>Life Works of Central Oregon</b> Nick Compos  233 SW Wilson Ave. Bend, OR 97702	(541) 382-8862	1. EMR: Order Entry-Life Works 2. Referral from PCP for OHP only, patients with other insurance can call to make their own appointments	<ul style="list-style-type: none"> <li>• OHP, Major Insurance Carriers (Lifewise, BCBS, Moda, Pacific Source)</li> <li>• No Medicare</li> </ul>		All	Individual, Marital/ couple therapy, Family therapy	Counselors and PMHNP's work together	No emotional support animal letters
<b>Mosaic Medical</b> 2965 NE Conners Ave., Suite 280	Bryan Hagen, PMHNP	1. Internal Referral	<ul style="list-style-type: none"> <li>• All</li> </ul>					
<b>St. Charles Behavioral Health</b>  2542 NE Courtney Dr. Bend, OR 97701  413 Larch Ave. Suite 203 Redmond, OR 97756	<i>Bend/ Redmond</i> (541) 706-2768	1. Referral – Reason for referral 2. Chart note 3. Neuropsych requests more EMR: Order Entry-Outside Mental Health Counseling.	<ul style="list-style-type: none"> <li>• Private</li> <li>• Medicare</li> <li>• OHP</li> </ul>	Hire out-Bridges to Comm.		Support Groups, NICU Neuro-development Clinic, PEDAL Clinic		No MD Psychiatry
<b>High Lakes</b> - In process of hiring a psychiatrist  929 SW Simpson Ave #300, Bend, OR 97702	(541) 389-7741	Patient Calls						
<b>Cascade Child and Family Psychiatry</b>	(541) 728-0978	Patient Calls <ul style="list-style-type: none"> <li>• Series of therapy appointments nor</li> </ul>	<ul style="list-style-type: none"> <li>• Commercial</li> <li>• Call to inquire specifics</li> </ul>	No	Family, Adolescent and Child	Individual, Family	Medication management, psychotherapy,	Mostly pediatrics: Stress, anxiety,

Cascade Child and Family Center 371 SW Upper Terrance Drive, Suite 3 Bend, OR		necessarily required before medication is prescribed- case by case basis. Must schedule intake to determine					and collaborative mental health care	depression, mood disorders, ADHD, autism spectrum, gender dysphoria and gender non-conforming
<b>Don McFerren, PMHNP</b>  965 SW Emkay Dr, Bend, OR 97702	(541) 306-4447	Patient Calls	Call to inquire					
<b>Debra MacWilliams, PhD PMHNP P.C.</b>  929 SW Simpson Ave Ste 240 Integrated Care Bend, Oregon 97702	<u>(541) 497-8382</u>	Patient Calls	Accepts most private insurances \$90-\$350			Individuals, Couples Family		Depression, Anxiety, Grief

## 5. Child & Family

Agency	Contact	Address	Referral Process	Insurance	Bi-lingual Services	Population	Treatment	Focus
<b>Family Resource Center</b>	(541) 389-5468  Fax (541) 389-8327	1130 NW Harriman St. Suite B, Bend, OR 97701	1. Patients can call for information	<ul style="list-style-type: none"> <li>• Free</li> <li>• Some fees apply</li> <li>• Scholarships available</li> </ul>				Parenting Classes, Parenting Resources Online
<b>J Bar J Youth</b>	<b>J Bar J Boys Ranch</b>  (541) 389-1409  Fax: (541) 389-9348	62895 Hamby Rd. Bend, OR 97701	Specific per location, call for details	<ul style="list-style-type: none"> <li>• Serve All</li> <li>• Funded by grants and donations, do not charge Insurance.</li> <li>• The Academy at</li> </ul>		Males ages 13-18 who display risk factors	CBT, ABCR (Accountability Based Cognitive Restructuring)	28 bed residential,
	<b>Cascade Youth and Family</b>  <i>Bend/Redmond</i> (541) 382-0934	2125 NE Daggett Ln Bend, OR 97701  412 SW 8 <sup>th</sup> St				At risk youth and families	Positive Youth Development strategy.	Works with runaway and homeless youth. Provide emergency

	<b>Center</b>	CRISIS (800) 660-0934  fax (541) 383-3024	Redmond, OR 97756		Sisters does not take insurance/ there is a charge				shelter, counseling, and reuniting families.
	<b>Grandma's House</b>	(541) 383-3515	PO Box 6372 Bend, OR 97708				Pregnant, parenting, or adopting young women		Safe shelter to homeless or abused women in the process of pregnancy.
	<b>The LOFT</b>	(541) 318-3436  Fax (541) 585-2460	19 SW Century Dr. Bend, OR 97702				Youth up to age 20		Transitional Housing
	<b>The Academy at Sisters</b>	(541) 389-2748					Girls (13-18)	Individualized treatment, engaged educational enrichment, and 24/7 support.	Therapeutic and academic boarding school, capacity of 28
	<b>SAFE Families</b>	(541) 306-9311							Host homes/ Respite service (assists parents while they are going through treatment)
<b>Kids Center: Child Abuse Intervention Center</b>		(541) 383-5958  fax (541) 647-1143	1375 NW Kingston Ave, Bend OR 97703	Referrals from: 1. Child Welfare 2. Law Enforcement 3. DHS 4. Medical Provider 5. Licensed therapist	• All – Free service to all	✓	Kids, age 18 and under	Trauma-Focused Cognitive Behavior Therapy, Eye Movement Desensitization and Reprocessing, Parent- Child Interaction Therapy.	Medical Exam, Forensic Interview, Trauma Counseling, and family Therapy (contracted) by DCBH
<b>Latino Community Center</b>		(541) 390-		1. Patient calls to	• \$50 fee per	Spanish			Family Mental

Stella Maris Cavallo, LMFT	3491		schedule appointment	session	speaking only			Health Counseling
<b>The Child's Center</b>	(541) 728-0062	1195 NW Wall St. Bend, OR 97701  51530 Huntington Rd., Suite 5, La Pine	1. Patient's call	<ul style="list-style-type: none"> <li>• OHP (DCBH first)</li> <li>• All major insurances (out of pocket costs)</li> <li>• Sliding Fee Scale</li> </ul>		Kids and Families	Individual therapy, safety and crisis planning, group therapy, care coordination, family therapy, Parenting Education, Psychiatric services	Outpatient Mental Health Counseling, Mental Health Assessment,
<b>Child and Family Counseling Now</b> Alan Werkman, LCSW Madeline Simmons Psychiatric Nurse Practitioner	(541) 330-1975 Fax 541-388-5110	<b>Bend</b> 1012 SW Emkay Dr Bend, OR 97702  <b>Redmond</b> 2775 SW 17th Place Redmond, OR 97756	1. Fax over chart notes and demographic information 2. Patient can call	<ul style="list-style-type: none"> <li>• Accepts Most Insurances</li> <li>• Slightly reduced cost</li> </ul>				Child and Family Therapy, EMDR, DBT
<b>Bend Family Therapy</b> Kristin James, LMFT Jessica Sinacori, LMFT Jennifer Trombley, LMFT Lynnea Avenetti, LPC Sean Stradley, LPC Kelly Kneece, MS Karyn Smith, MS	(541) 323-3477  <a href="mailto:admin@bendfamilytherapy.com">admin@bendfamilytherapy.com</a>	1011 SW Emkay Dr, Bend OR 97702	Patient Calls	<ul style="list-style-type: none"> <li>• Most insurances</li> <li>• Self-pay</li> </ul>		Children, Teens, Adults, Couples, Families	Individual, Couples, Family, Workshops/Groups	Anxiety, Depression, Low Self Esteem, Mood and Anger, Eating Issues, Trauma, Postpartum Issues, Parenting Struggles, Relationship Issues, Gender Identity
<b>Beth Bellamy, B.S.</b>	(541) 617-8835		Patient Calls			Parents, families, individuals, partners, children	Hakomi Method	Families, parenting, coaching, and consulting <a href="http://www.bethbellamycounseling.com">www.bethbellamycounseling.com</a>
<b>Brian Bulemore, LPC</b>	(541) 233-0281	25 NW Park Place Bend, Oregon 97701	Patient Calls	<ul style="list-style-type: none"> <li>• Accepts Most Insurances</li> <li>• Sliding Scale</li> </ul>		Adolescents/ Teenagers (14-19) and Adults	CBT, DBT	Sexuality, Addictions, Substance Use Concerns, anger

								management, relationship conflicts, adolescent behavioral disorders, young adult transitional themes.
<b>Nancy Curfman, LCSW, MSW, CTRS</b>	(541) 385-7408	548 SW 13th St #102, Bend, OR 97702	Patient Calls	<ul style="list-style-type: none"> <li>• Accepts Most Insurances</li> <li>• Sliding Scale</li> </ul>		All ages: children, adults & elders		
<b>Juniper Mountain Counseling</b> Jim Mockatis, LPC Rachel Frank, LCSW Robin Droege, MS, LPCI Wendy Heath-Wirtz, MS, QMHP	(541) 617-0377	1569 SW Nancy Way Bend, OR 97702	Patient Calls	<ul style="list-style-type: none"> <li>• OHP</li> <li>• Some Insurances</li> <li>• Reduced Rates Available</li> </ul>		Adolescents, Family		Addictions,
<b>East Cascade Counseling</b> Kerri Hanlon, MA, LPC, CADC III, MAC	(541) 306-1128		1. Patient Calls to schedule appointment or book appointments online	<ul style="list-style-type: none"> <li>• Private</li> <li>• OHP</li> <li>• Sliding Scale</li> </ul>		Adults and Families	Humanistic, Strengths Based, Solution-Focused, Cognitive Behavioral approach, (Individual, Family, Group)	
<b>Phillip L. Dimeco, LCSW</b>	(541) 389-1239	750 NW Charbonneau St #101, Bend, OR 97701	Patient Calls					Older adolescents and families
<b>Cheryl Emerson, MS, LPCI, NCC</b>	(541) 848-9076	336 NE Norton Ave Bend, OR 97701	Patient calls	<ul style="list-style-type: none"> <li>• Most Private Insurances</li> <li>Sliding Scale</li> </ul>				Adolescents: Anxiety, depression, anger, trauma, grief and loss,



## 6. Crisis

Agency	Contact	Address	Referral Process	Insurance	Bi-lingual Services	Population	Services	Focus
<b>DCBH: Mobile Access CRISIS Team</b>	(541) 322-7500  Crisis phone line: (800) 857-7364	2577 NE Courtney Dr. Bend, OR 97701	NONE	• All		Anyone	Individual or group treatment, Assessment, intervention planning, information and referral.	Interventions
<b>Cascade Youth and Family Center</b> ages 11-17 sometimes up to 21	<b>Bend</b> (541) 382-0934  <i>CRISIS:</i> (800) 660-0934	2125 NE Daggett Lane Bend, OR 97701	1. Patient calls (CHWs can support)	• All				Crisis intervention, Case management, Basic Needs, Homeless services
	<b>Redmond</b>  <i>Call the Bend line for initial appointments</i>	412 SW 8 <sup>th</sup> St Redmond, OR 97756						
<b>Saving Grace: Domestic Violence Services</b>	(541) 382-9227  <i>CRISIS:</i> (541) 389-7021	1004 NW Milwaukee, Suite 100, Bend, OR 97701	Patients call CHWs can support	• All				Emergency Housing, Support Groups, Case management, Legal Aid

## 7. Inpatient Psychiatric

Agency	Contact	Address	Referral Process	Insurance	Bi-lingual Services	Information: Other
<b>St. Charles: Sage View Psychiatric Center (C)</b>	(541) 706-2715	1885 NE Purcell Blvd, Bend, OR 97701	1. ER must have a 72 hour hold 2. Hospital, Social Worker & MCAT admit patient	• Accepts most insurance		

## 8. EMDR/ Trauma

Agency	Contact	Address	Referral Process	Insurance	Bi-lingual Services	Information: Other
<a href="http://www.emdrinternational.com">EMDRIA - EMDR International Association Website</a>						
<b>East Cascade Counseling</b> Emily Wainscoat, LPC, NCC Brennon Moore, LPC, CADC II, CTT	(541) 306-1128	731 NW Franklin Ave #107, Bend, OR 97701	Patient Calls	<ul style="list-style-type: none"> <li>• Dependent on Clinician</li> <li>• Private</li> </ul>		<a href="http://www.eastcascadecounseling.com">http://www.eastcascadecounseling.com</a>
Mariya Hammond, LPC	541-678-2639	223 SE Davis Avenue Bend, OR 97702	Patient Calls			Adults and couples, Depression, Anxiety, Trauma
Carol A Zancanella, LCSW	(541) 410-4374	965 SW Emkay Dr Ste 200 Bend, OR 97702	Patient Calls			
<u>Dorothy Holloway</u> , LPC, RN	(541) 771-3247	143 SW Shevlin Hixon Dr # 20 Bend, OR 97702	Patient Calls			Adults, Depression, Anxiety, grief/loss
<u>Melinda Howell</u> , MA, LPC	(541) 241-0418	25 NW Park Pl, Bend, OR 97701	Patient Calls			Abuse, Neglect, Alcohol/ Substance Abuse, Anxiety, Bipolar Disorder, Depression, Grief/ Loss, PTSD, Suicide Risk
Patty Griffin, PhD	(541) 382-2677	336 NE Norton Ave #1, Bend, OR 97701	Patient Calls			Certified Yoga Instructor
<u>Alexander Weiss</u> , MA, LPC, NCC	(541) 234-8107	336 NE Norton Avenue Suite 4 Bend, OR 97701	Patient Calls	<ul style="list-style-type: none"> <li>• Most Private Insurances</li> <li>• Sliding Scale</li> </ul>		Abuse, Neglect, Anger Management, Anxiety, Depression, Grief, Moral Injury, PTSD, Sexual Abuse, Stress Management, Traumatic Incident
<u>Cheryl Emerson</u> , MS, NCC, LPC	(541) 848-9076	336 NE Norton Ave Bend, OR 97701	Patient Calls	<ul style="list-style-type: none"> <li>• Most Private Insurances</li> <li>• Sliding Scale</li> </ul>		Adolescents, Anxiety, Depression, anger, trauma, grief and loss
<u>Karen L. Forte</u> , LCSW, DCSW	541-388-0095	PO Box 6356 Bend, OR 97708	Patient Calls	<ul style="list-style-type: none"> <li>• Call to discuss fees</li> </ul>		Anxiety, Depression, trauma, Grief/Loss, Health Issues, PTSD, Anxiety <a href="http://www.emdrtherapistnetwork.com/karen.forte">http://www.emdrtherapistnetwork.com/karen.forte</a>

Melinda Soules, LCSW	541-408-5609	745 NW Mt. Washington Drive Ste. 301 Bend, OR 97703	Patient Calls	• Call to discuss fees		Adults, adolescents <a href="http://www.counselorbendoregon.com/AboutMindy.en.html">http://www.counselorbendoregon.com/AboutMindy.en.html</a>
<b>St Charles Behavioral Health</b> John Walkenhorst, LCSW Nicole Spreadborough, LPC	(541) 706-2768	2542 NE Courtney Dr. Bend, OR 97701	Patient Calls	• Private • Medicare • OHP		<a href="https://www.stcharleshealthcare.org/Our-Clinics/Behavioral-Health-Care">https://www.stcharleshealthcare.org/Our-Clinics/Behavioral-Health-Care</a>
Josie Juhasz, LPC	(541) 325-3254	15 SW Colorado Ave. Ste. 130 Bend, OR 97702	Patient Calls			<a href="http://josiejuhasz.com">http://josiejuhasz.com</a>

## 9. Domestic Violence Resources and Support

Agency	Contact	Address	Referral Process	Insurance	Bi-lingual Services	Information: Other
Saving Grace	<b>Bend</b> (541) 382-9227	1004 NW Milwaukee Suite 100 Bend, OR 97701	Patient Calls	• FREE	✓	<a href="https://www.saving-grace.org/">https://www.saving-grace.org/</a>
	<b>Redmond</b> (541) 504-2550					
	<b>24 hour help-line</b> (541) 389-7021					

# Crook County

Prineville

## 1. Mental Health Counseling

Agency	Contact	Address	Referral Process	Insurance	Bi-lingual Services	Population	Treatment	Focus
<b>Lutheran Community Services</b>	(541) 323-5330	1251 NE Elm St Prineville, OR 97754	1. Patient completes an ROI 2. Fax ROI along with referral 3. Patient walk-in or call to schedule an intake.	<ul style="list-style-type: none"> <li>• OHP</li> <li>• Medicare</li> <li>• Private</li> <li>• Sliding Scale</li> </ul>		Adults	Outpatient mental health counseling	Addiction, trauma, mental health issues, substance use disorders, DUII diversion/ conviction program and jail diversion program

## 2. Alcohol & Drug

Agency	Contact	Address	Referral Process	Insurance	Bi-lingual Services	Population	Treatment	Focus
<b>Choices Recovery</b>	(541)504-7535	357 NE Court St, Prineville, OR 87754	Patient calls	OHP		Adults	Evening and Weekend session available Individual Group	DUII rehab for adolescents and adults, addiction, anger management, Grief Processing, Alternative Therapies (Meditation/ Relaxation, yoga), Case Management
<b>Lutheran Community Services</b>	(541) 323-5330	1251 NE Elm St Prineville, OR 97754	1. Patient completes an ROI 2. Fax ROI along with referral 3. Patient walk-in or call to schedule an intake.	<ul style="list-style-type: none"> <li>• OHP</li> <li>• Medicare</li> <li>• Private</li> <li>• Sliding Scale</li> </ul>		All ages		Addiction, Trauma, mental health issues
<b>Rimrock Trails</b>	(541) 447-	1333 NW 9th St,	1. Clinician or	• OHP		Adolescents	Anger Management,	Addiction and mental

	2631	Prineville, OR 97754	PCP can refer directly 2. Signed ROI 3. Patient/Parent calls directly to schedule	<ul style="list-style-type: none"> <li>• Private</li> </ul>		12-17	Cannabis Youth Treatment, CBT, Collaborative Problem Solving, DBT, Equine Facilitated, EMDR, Mindfulness,	health disorders. 24 hour structured care. Partnered with Healing Reins Therapeutic Riding Center. Adolescent Residential Treatment, Outpatient Treatment
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### 3 Psychiatric Prescribing

Agency	Contact	Address	Referral Process	Insurance	Bi-lingual Services	Population	Treatment	Focus
Lutheran Community Services	(541) 323-5330	1251 NE Elm St Prineville, OR 97754	1. Patient completes an ROI 2. Fax ROI along with referral 3. Patient walk-in or call to schedule an intake.	<ul style="list-style-type: none"> <li>• OHP</li> <li>• Medicare</li> <li>• Private</li> <li>• Sliding Scale</li> </ul>		Children, families		Must be current LCS client, Telemed services offered for child psychiatry, In-house and telemed prescribing for adults, immigrant challenges

### 4. Crisis

Agency	Contact	Address	Referral Process	Insurance	Bi-lingual Services	Population	Treatment	Focus
Lutheran Community Services	(541) 323-5330 Extension 1 1-866-638-7103	1251 NE Elm St Prineville, OR 97754				All		Can coordinate transportation if needed. Services provided in emergency rooms, jails, schools, businesses, and homes.

### 5. Domestic Violence Resources and Support

Agency	Contact	Address	Referral Process	Insurance	Bi-lingual Services	Population	Treatment	Information: Other
Saving Grace	(541) 416-2114 24 hour help-line (541) 389-7021	472 NW Beaver St. Prineville, OR 97754	Patient Calls	<ul style="list-style-type: none"> <li>• FREE</li> </ul>	✓			<a href="https://www.saving-grace.org/">https://www.saving-grace.org/</a>

# Jefferson County

Madras

## 1. Mental Health Counseling

Agency	Contact	Address	Referral Process	Insurance	Bi- lingual Services	Population	Treatment	Information: Other
<b>BestCare Treatment Services</b>	<b>Madras Community Mental Health</b> (541) 475-4884	125 SW C St, Madras, OR 97741		<ul style="list-style-type: none"> <li>• Private</li> <li>• OHP</li> <li>• Out of pocket fees for uninsured</li> </ul>				Outpatient Alcohol/ Drug, Psychiatric Eval, Med Management, Intensive Community Based Treatment, Individual/ Family Therapy
<b>Brightways Counseling Group</b>  7515 Falcon Crest Drive, Ste 200, Redmond, OR 97756  Redmond-Madras	541-904-5216 <a href="mailto:Kevin@brightwayscounseling.com">Kevin@brightwayscounseling.com</a>  <a href="http://brightwayscounseling.com">brightwayscounseling.com</a>				?			Individual counseling and psychotherapy;EMDR all ages; ABFT for teens;Art/Play/Sandtray therapy;12 Step Recovery and MI for substance use disorders;Relationship skills training;Parenting training;ACT; CBTe and 12 Step for eating disorders

## 2. Alcohol & Drug

Agency	Contact	Address	Referral Process	Insurance	Bi- lingual Services	Population	Treatment	Focus
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<b>BestCare Treatment Services</b>	<b>Madras Community Mental Health</b>	125 SW C St, Madras, OR 97741	<b>Outpatient Process</b> <i>Patients with private insurance self-refer</i> <i>Patients with OHP</i> Must go to outpatient first then an internal referral is created from Best Care.	<ul style="list-style-type: none"> <li>• Private</li> <li>• OHP</li> <li>• Out of pocket fees for uninsured \$500 day for detox/ there is some discretion</li> </ul>	✓			Drug, Alcohol & Substance Abuse, Gambling abuse, Mental Health , Dual Diagnosis, Chronic Pain <a href="http://www.bestcaretreatment.org/">http://www.bestcaretreatment.org/</a> <a href="mailto:info@bendrecover.com">info@bendrecover.com</a>
	<b>Madras Latino Residential</b> (541) 475-5300	236 SE D Street Madras, OR 97741						
	<b>Madras Outpatient</b> (541) 475-4822	850 SW 4th Street Suite 201 Madras, OR 97741	<b>DETOX Process</b> 4. Fax over a problem list and med list 5. Demographics page BC will contact patient directly					

### 3. Psychiatric Prescribing

Agency	Contact	Address	Referral Process	Insurance	Bi-lingual Services	Population	Treatment	Information: Other
<b>BestCare Treatment Services</b>	<b>Madras Community Mental Health</b> (541) 475-4884	125 SW C St, Madras, OR 97741	1. Patient calls	<ul style="list-style-type: none"> <li>• Private</li> <li>• OHP</li> <li>• Out of pocket fees for uninsured</li> </ul>				Outpatient Alcohol/ Drug, Psychiatric Eval, Med Management, Intensive Community Based Treatment, Individual/ Family Therapy

### 4. Crisis

Agency	Contact	Address	Referral Process	Insurance	Bi-lingual Services	Population	Treatment	Focus
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<b>BestCare Treatment Services</b>	(541) 475-6575	125 SW C Street Madras, OR 97741	Patient Calls					
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## 5. Domestic Violence Resources and Support

Agency	Contact	Address	Referral Process	Insurance	Bi-lingual Services	Population	Treatment	Focus
<b>Saving Grace</b>	(541) 475-1880	35 C Street, Suite B Madras, OR 97741	Patient Calls	• FREE	✓			<a href="https://www.saving-grace.org/">https://www.saving-grace.org/</a>
	<b>24 hour help-line</b> (541) 389-7021							
<b>BestCare Treatment Services</b>	<b>Madras Latino Residential</b> (541) 475-5300	236 SE D Street Madras, OR 97741	Patient Calls	<ul style="list-style-type: none"> <li>• Private</li> <li>• OHP</li> <li>• Out of pocket fees for uninsured</li> </ul>	✓			<a href="http://www.bestcaretreatment.org/">http://www.bestcaretreatment.org/</a>  <a href="mailto:info@bendrecovery.com">info@bendrecovery.com</a>